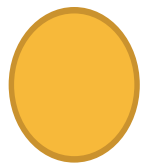
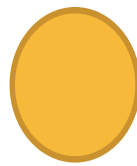
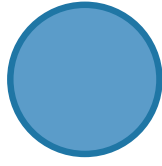
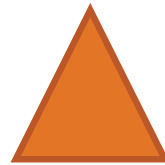
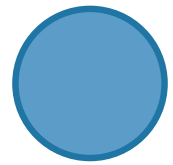
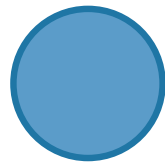
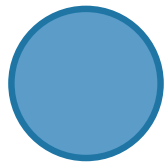
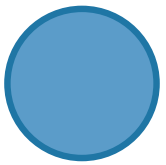
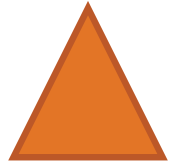
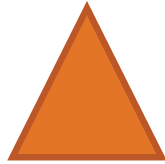
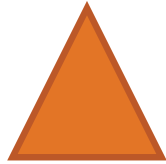
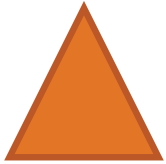




Shapes Fun

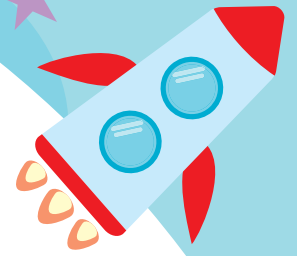
Say the names of the shapes in each row. Then cross (x) the one that is different.



Know More

Dogs wag their tails when they are happy.





One, Two, Tie Laces of Your Shoe

Tying laces of our shoes is an important part of 'getting dressed'. Let's learn how to tie shoelaces by Bunny Ears Method. To do so, take a small hard and stiff sheet, punch two holes in it and make your shoelace tying practice board.



Step 1: Take shoelaces of two different colours and put them through the holes as shown. Tie a knot on the other end of each knot so that the laces don't come out of the holes. Hold a shoelace in each hand.

Step 2: Cross the black lace over the red lace halfway up the laces.

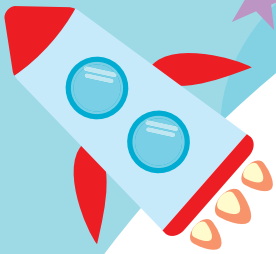


Step 3: Take the end of the black lace and put it over the red lace. Now take it underneath the red lace.

Step 4: Hold on to the ends of both laces and pull them tight close to the shoe.



Step 5: Take the black lace and make a small loop with a long tail. This is your black bunny ear.

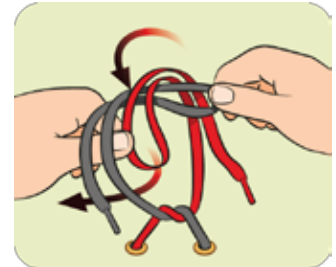


Step 6: Take the red lace and make a small loop with a long tail. This is your red bunny ear.



Step 7: Cross the middle of the black bunny ear over the middle of the red bunny ear.

Step 8: Take the top of the red bunny ear and put it over the black bunny ear. Now poke it through the hole.



Step 9: Put your fingers inside the ends of the bunny ears, then hold on and pull tight. You've now tied the loops in a knot. The shoelaces are tied.

Warrior Pose

Stand with your feet wide apart. Stretch your arms on both sides. Turn your left foot forward. Turn your head to the left and bend your left knee. Repeat with the other foot.

