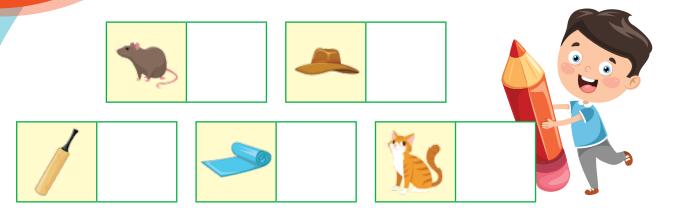


TUESDAY

Number Fun

Count each object and write the number in the box.





Cat Fact

Cats can sleep for up to 18 hours a day.



VIVA EDUCATION



No Germs on My Fruit

Germs are almost everywhere and on everything. They are so tiny that we can't see them. They make us sick when they enter our body. They are on raw or uncooked food too. We must wash raw fruits and vegetables well before eating them.



Teach the child how to wash fruits and vegetables properly before eating them. Talk about vegetables we can eat raw as salad.

Yoga Extended Mountain Pose or Sun Salute



Stand tall in mountain pose with legs slightly apart and feet facing forward. Look up, take your arms above your head and join your palms together in a namaste pose.

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