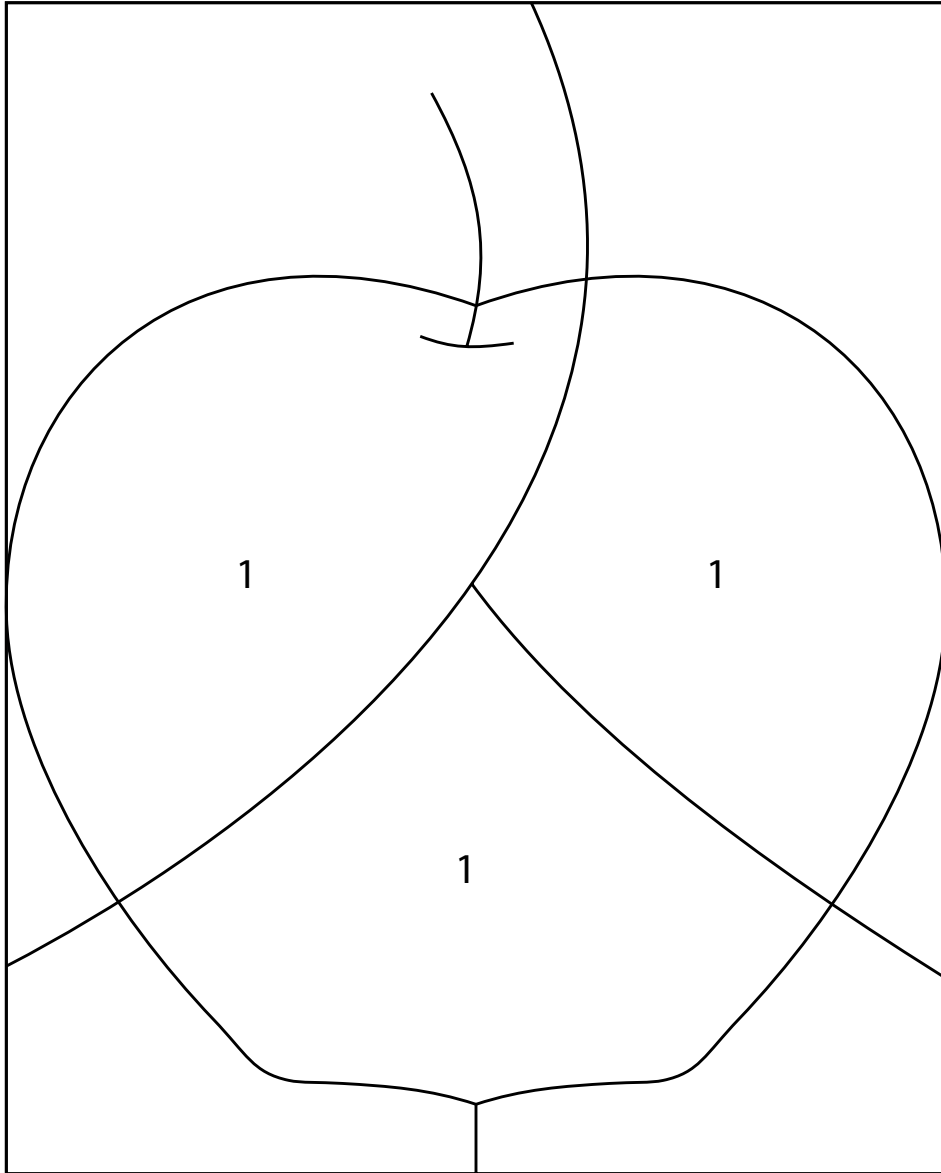




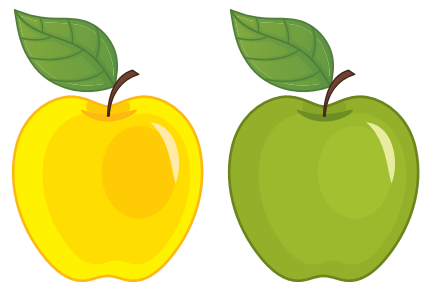
### Hidden Fruit

Colour the parts that have 1 written on them to find the hidden fruit. Say its name.



### Know More

All apples are not red. There are yellow and green apples also.





## Brush Your Teeth Well



Put a small amount of paste on your toothbrush.

Brush the outer surface of all teeth in circular motion.



Brush the outer surface of all teeth in up and down motion.

Repeat for inner surface of all teeth.



Brush the chewing surface of all teeth.

Rinse your mouth well to get a sparkling smile.



*Teach the child how to brush teeth properly.*

## Yoga Mountain Pose



Stand tall with legs slightly apart and feet facing forward. Fold your arms in a namaste pose in front of your body.